

Figuring It Out

Ask yourself:

- Do I comfort myself with things?
- Do I keep everything because I'm afraid of losing or not having something I might need?
- Do I find making decisions about sorting my things so difficult that I postpone doing or finishing it?
- Do I fall in love with things as if they were people?
- Do I recycle so intensely that I live with boxes, bags, and piles in my living space?
- Do I have two clear ways in and out of my home? Is there a 33-36-inch clear path around any heat source (e.g., furnace, hot water tank, electrical panel)? (Check your local fire codes.)
- Do I use extension cords as a permanent solution?