

TABLE 2.2

Activities of Daily Living Assessment

DAILY LIFE TASKS	EASILY (0)	WITH A LITTLE DIFFICULTY (1)	WITH MODERATE DIFFICULTY (2)	WITH GREAT DIFFICULTY (3)	UNABLE TO DO (4)	N/A
Use clear counterspace to prepare food.						
Walk to the refrigerator.						
Use food in the refrigerator before the expiration date is reached.						
Walk to the stove.						
Maintain clear stove surface between cooking times with minimal effort.						
Maintain faucets in functional order with potable water (Are you comfortable having services in when maintenance is needed? Have you spent necessary funds on acquiring items?).						
Use the kitchen sink easily.						
Eat at a table intended for meals.						
Maintain clear access (e.g., pathways) for moving around inside the house.						
Maintain two clear doorways to enter and exit the home quickly in case of emergency.						
Use a toilet that flushes (see note for faucets).						
Maintain bath/shower: clear and available for use (see note for faucets).						
Maintain bathroom sink: clear and available for use.						

Maintain a clear, accessible route to answer the door quickly per local fire code requirements.									
Provide seating (sofa, chairs) for yourself and guests.									
Maintain completely clear bed surface available for sleeping.									
Maintain bedroom floor spaces, keeping them clear enough to allow for emergency exit should the need arise.									
Keep clothing stored so that it does not present a tripping hazard and remains wearable.									
Do laundry, keeping dirty laundry stored away from heat sources (furnaces, hot water tanks, etc.) according to local fire code requirements.									
Keep all hallways clear and accessible according to local fire code requirements.									
Keep all staircases clear and accessible according to local fire code requirements.									
Use bare light bulbs away from combustible items and make sure they are unable to fall onto combustible items.									
Functional use of rooms does not require permanent use of extension cords, and temporary use is not a tripping hazard.									
Keep taxes current (not in arrears because documents are missing in the clutter).									
Find important things (such as bills, tax forms, documents for eligibility purposes, etc.)									
TOTAL									_____ / 100

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