

Effective Communication Outline

1. Goals For The Day
2. Establishing Commonality
3. Presuppositions
4. Observe And Use Your Client's Representational System To Enhance Successful Communication
5. Getting Buy-In For A Plan That Works
6. Types Of Hoarding Referrals
7. Using Motivational Interviewing To Craft Your Message For Maximum Effectiveness With Hoarding Disorder
8. Enhancing Change Behaviour
9. Emphasizing Choice And Responsibility
10. Picture Exercise
11. Working Effectively With Cognitive Distortions Using Visualization To Increase Motivation And Change Behaviour
12. Traps To Avoid
13. Cognitive Behavioural Therapy For Hoarding Disorder
14. Avoiding Compartmentalization By Building A Conceptual Model As The Foundation To A Care Plan That Addresses Your Client's Needs As An Integrated
15. Working With Physical Constraints, Traumatic Life Events, And Deprivation
16. Complicating Factors
17. The Three And A Half Box System
18. Resources & Tools